



ATTENTION OF

DEPARTMENT OF THE ARMY  
INSTALLATION MANAGEMENT AGENCY  
SOUTHEAST REGION  
GARRISON COMMAND  
6751 CONSTITUTION LOOP, SUITE 550  
FORT BENNING, GEORGIA 31905-4500

IMSE-BEN-HRA

25 AUG 2008

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Garrison Commander's Education Initiative (Army Substance Abuse Program)

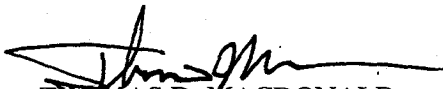
1. Preventing substance abuse is the responsibility of every leader. Active involvement in training Soldiers/employees to make better choices is a priority and example of good leadership. The Army Substance Abuse Program (ASAP) has a professional staff that can assist first-line supervisors in reducing alcohol and drug-related incidents among personnel. In accordance with AR 600-85, para 2-6, the unit commander/supervisor is responsible for providing **a minimum of four hours of alcohol and drug awareness training for all Soldiers and a minimum of 3 hours of training for all Civilian employees annually**. Prevention education is an effective tool in preventing substance abuse and related problems. First-line supervisors will contact the ASAP Prevention Coordinator (545-7027/1138) for assistance in meeting the mandatory training requirement.
2. To assist the commander/supervisor in providing effective alcohol and drug education during the year, the ASAP Risk Reduction Program (RRP) staff will provide each unit on Fort Benning with a DVD and CD-ROM of class materials to be used at the unit level. In this way, the leader is afforded the flexibility as to when and how much time will be spent on a given block of instruction. By using the provided materials accompanied with trainer-led discussions, commanders/supervisors will easily be able to achieve the minimum four hours of training. The ASAP recommends that commanders provide the following prevention tools to each Soldier in their unit: **DUI Prevention Card, Suicide Prevention Card, BreathScan, "ThatGuy" website information, and Military One Source Cards**.
3. Unit commanders/supervisors are required to maintain rosters of personnel trained in alcohol and drug awareness. Upon completion of training, signed rosters can be faxed to ASAP at 545-4071 or hand delivered to Miller Hall, building 241.
4. I ask each leader to become personally involved in combating the ever-present enemy-- substance abuse. Point of contact is Ms. Yvonne Wilbanks, Chief, ASAP, Human Resources Division, 706-545-1138.

3 Encls

1-ASAP Sign-In Roster

2-GCEI Slide

3-ASAP Standardized Prevention Tools

  
THOMAS D. MACDONALD  
Colonel, Infantry  
Garrison Commander

DISTRIBUTION:  
Electronic Admin List

**FAX FAX FAX FAX FAX FAX FAX FAX FAX FAX FAX FAX FAX FAX FAX**  
**ARMY SUBSTANCE ABUSE PROGRAM**

**UNIT TRAINED:** \_\_\_\_\_

**TOPIC:** \_\_\_\_\_

**DATE/TIME:** \_\_\_\_\_

**DURATION OF TRAINING:** \_\_\_\_\_

**INSTRUCTOR:** \_\_\_\_\_

	LAST NAME, FIRST NAME MI	RANK	SSN	SIGNATURE
1				
2				
3				
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**UPON COMPLETION OF TRAINING SESSION, FAX THIS ROSTER TO ASAP @ 545-4071.**

**Requirement: Minimum of 1 hour of Substance Abuse Prevention Education for every Soldier every year**

Garrison Co. Soldiers spend the day training in the field.

\* GCPI Installation

Army Substance Abuse Prevention

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# Army Substance Abuse Program Fort Benning Standardized Prevention Tools FY09

Vision: Leaders and Supervisors will provide every Soldier, trainee, and student that comes to Fort Benning the prevention tools needed to make positive choices.

## The Power of Choice

00013

- 0 Drinking under 21
- 0 Drinking on duty
- 0 Drinking and driving
- 1 Drink per hour
- 3 Drinks maximum per day
- 0 Medication and alcohol

A Designated driver is a sober driver who has not consumed alcohol in 24 hours

## Fort Benning Soldiers Don't Drink & Drive

Fort Benning  
Army Substance Abuse Program

(706) 545-8362/4821/1138

Military One Source  
800-342-9847

Family Life  
(706) 545-5101/1780

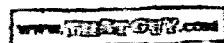
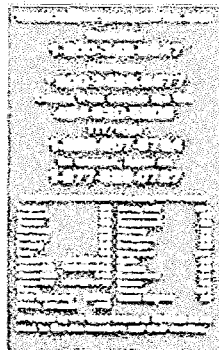
24 Crisis Line (toll-free)  
(706) 327-3999

Community Mental Health  
(706) 544-3690/3590

Financial Counseling  
(706) 545-5485

AA  
(706) 327-6078

USF & TAC



## Feeling Lost?



Let us help you find your way. Take an anonymous, mental health or alcohol use self-assessment.  
[www.MilitaryMentalHealth.org](http://www.MilitaryMentalHealth.org) • 877-877-3647



Fort Benning, GA 30620-1000

FORT BENNING ASAP  
Power of Choice

## Education, Screening, and Support Resources

For service members and their families

[www.MilitaryMentalHealth.org](http://www.MilitaryMentalHealth.org)  
877-877-3647

## DURING DUTY HOURS

Fort Benning ASAP  
(706) 545-8362/4821/1138  
Military One Source  
800-342-9847  
Family Life  
(706) 545-5101/1780  
24 Crisis Line (toll-free)  
(706) 327-3999  
Community Mental Health  
(706) 544-3690/3590  
Financial Counseling  
(706) 545-5485  
AA  
(706) 327-6078  
USF & TAC

## AFTER DUTY HOURS

(706) 545-8362/4821/1138  
Military One Source  
800-342-9847  
Family Life  
(706) 545-5101/1780  
24 Crisis Line (toll-free)  
(706) 327-3999  
Community Mental Health  
(706) 544-3690/3590  
Financial Counseling  
(706) 545-5485  
AA  
(706) 327-6078  
USF & TAC

Use Post Hours  
(24 Hours)

Fort Benning classes recommended for every Soldier, trainee and student in FY09:

- "A Different Kind of Courage"
- Battle Buddy's Guide to Relationships
- Battle Buddy's Guide to Suicide Prevention
- PTSD & Substance Abuse
- Dr. Holly's "The High Is The Lie"

Contact the Army Substance Abuse Program, building 241 Baltzell Ave., 706-545-1138/7027/6049 to obtain prevention tools/classes.